



# Newsletter April 2025

Monthly source for news and information for MVWC members



## President's Message

Happy April, Peeps!!

Thank you so much to everyone who participated in voting for the Executive Board of Directors for the upcoming 2025-2026 year. We have a stellar team and I'm so honored to be a part of it! And thank you so much to everyone who donated items for our basket auction! What a wonderful turnout we had. So many fun baskets, full of great items! And I just want to reiterate that participation is always optional whenever we suggest service project ideas. But this one was fun and I was amazed at the turnout and creativity. We will have an update on the totals soon!

As we wrap up an incredible year, we invite you to join us to celebrate all the memories, achievements, and moments that made this year unforgettable! Please mark your calendar for Friday, May 9th starting at 6 p.m. for our End of Year Party! Spouses and significant others are invited. Let's come together to toast a successful year. With great music, food, and laughter, this will be an evening to remember. We can't wait to celebrate with you all!

Warmly,

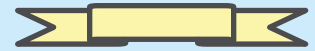
Koni Gould

2024-2025  
Board President



**Board Meetings are held at 6 PM on the first Tuesday of the month.**  
*Interested in attending?*

Contact us at [moonvalley-womensclub@gmail.com](mailto:moonvalley-womensclub@gmail.com)



### Moon Valley Women's Club Mission Statement

*The purpose of MVWC shall be to promote closer community spirit and develop neighborhood bonds through social and service activities.*

By being a Member of the Moon Valley Women's Club ("MVWC"), you agree to indemnify and hold harmless MVWC, its Members, Guests and any hosting venues against any and all liability or loss, and against any and all claims, damages, injuries, or any other loss sustained through you or your guest's voluntary participation in any MVWC Event or Activity.



**Deadline for Newsletter Submission is the 8th of each month.**

Send submissions to:  
Kathy Scott  
[kaffscott59@gmail.com](mailto:kaffscott59@gmail.com)

**PLEASE JOIN US FOR  
DINNER, DANCING & END OF  
YEAR SHENANIGANS!**

The wonderful buffett includes:

Southwestern salad with Lime Vinaigrette

Corn tortilla chips & salsa

Build your own taco bar  
with flour tortillas on the side  
Seasoned Ground Beef,  
Shredded Chicken Tinga,  
fajita veggies

Cheesy pinto beans & cilantro  
rice

Sour cream, guac, cotija cheese

Assorted cookies  
Non-Alcoholic Beverage Station  
Coffee, iced tea, water

Cash Bar



**RSVP with your \$40 payment for member; \$45 for guests by  
Through Zelle: [MVWCpayment@gmail.com](mailto:MVWCpayment@gmail.com) by May 1st.**

Or mail check (by 4/25 ) or hand deliver to:  
MVWC, 13236 N 7th St, Suite 4-307  
Phoenix, AZ 85022

**May Day Donation Event**

Donate \$40 or more to the MVWC Service Project by May 9th to be entered into a drawing to win a beautiful floral arrangement. The winner will be drawn at the May 9th event and may take the arrangement home that same evening. Zelle donations to [mwvcserviceproject@gmail](mailto:mwvcserviceproject@gmail.com) or via check to 13236 N 7th St, Suite 4-307, Phoenix, AZ 85022



**New Members**



**Rayn Fenty  
Marilyn Koch**  
(sponsored by Betsy Ingram)  
**Carla Panza  
Judy Patascher**

## 2025 Shoebox Project Update!

We filled 40 boxes for De Colores, collected hundreds of grocery bags for use in their shop, and filled four large boxes with make-up items, large shampoo and conditioner bottles plus a bunch of other items that didn't fit in the shoeboxes.

Thank you to all donors; to this year's shoebox team (Cindy, Jackie, Carol, Diana and Wendy); and to all club members who donated cash to help us purchase items for the shoeboxes.

**We'll be back next year: same time, same place.**

Mary Henigar and Mary Harris  
aka The Marys.



It's hard to believe that an estimated 600 million pairs of shoes go into America's landfills every year! 100% of these shoes can be recycled and the majority of them can still be re-used. That's why we have decided to start a sneaker drive fundraiser with **GotSneakers**. The sneakers that we collect through this program will help us raise much needed funds for the **MVWC Service Project** AND will help keep sneakers out of landfills. Talk about a Win-Win!

With your help, we can achieve great results! Can you collect 15-20 pairs of used, gently worn or new sneakers from your family, friends and neighbors? If not, just collect as many as you can! Every pair counts! The sneakers that we collect will help raise money to support our grants program AND reduce waste in the landfills.



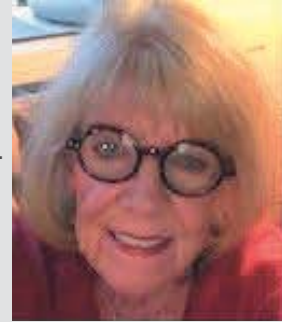
**Can we count on you? Collect as many pair of sneakers as you can and drop them off by May 1st at either Moon Valley Chiropractic or GenTech.**



## In Memoriam

### Linda Jensen

We are sad to report that MVWC member Linda Jensen passed away on January 31, 2025. Linda was a member of the Chapter Sisters Book Club. She worked in the Washington Elementary School District for over 35 years and was a dedicated teacher and School Librarian. She really enjoyed helping children discover stories they would love. Linda also had a deep appreciation for all kinds of music and loved animals, especially the dogs and cats that were a part of her life. She is survived by her husband Ralph.



### Kathy Bedore



Our longtime member, Kathy Bedore passed away in March 2025. Kathy joined MVWC in 1987 and had been active in many groups, including Bridge.



Moon Valley Womens Club Moonlight Mixer

# GAMES NIGHT at GenTech!

**Great Food!**  
Pizza. Pasta. Salads.  
Wine. Beer. Soft Drinks.  
Great Fun! \$20.00

**Bring Friends!**  
Guys, Families Welcome  
Tuesday • April 29  
5:30 PM

Details and sign up: [bit.ly/gentechgames](https://bit.ly/gentechgames)  
Questions? Text Debbie: 602-571-1014

Proceeds to MVWC Charities

## Join us for our April Moonlight Mixer

Tuesday, April 29th  
at **GenTech**  
402 E Greenway Pky

**Zelle** payment by 4/25  
to [mwvcpament@gmail.com](mailto:mwvcpament@gmail.com)  
referencing "Moonlight Mixer"

Or

pay by check or cash at Gen-  
Tech, (envelopes provided at  
front counter)

Or mail check to:  
MVWC

13236 N. 7th St, Suite 4-307,  
Phoenix, AZ 85022



## Yin & Hang

Join us for Yin Yoga and then connect with your neighbors!

**Saturday, May 3rd at 9:00 AM**

**On the shaded grass in the backyard of 14412 N. 9th St.**

**hosted by Cyndi Hayes and Livia West (602) 400-2176**

**Stretch, nourish and hang out at a wellness *experience* that's fun AND slows down aging - yes, the two CAN go together!**

**First we *yin!*** Begin with aromatherapy and yin yoga. The scent of essential oils immediately stimulates the brain's emotional center, and 3 scent options will be available to ease us into gently stretching our connective tissues. This releases accumulated emotions and stimulates natural collagen production. **No prior experience required!** **Max Capacity: 25**

**Then, we *hang!*** Connect with neighbors and meet new friends over a light, nutrient-forward pick-me-up. Refresh with infused mineral water and herbal tea. Indulge in vibrant seasonal fruit salad and naturally gluten-free homemade scones.

**Bring:** Water bottle & towel to sit on (required) and yoga mats, blocks, straps if you have them or can borrow some (optional).

**Cost:** \$23 per person (of which \$5 will go to our our service project)

**Pay by Zelle to [mvwcpayment@gmail.com](mailto:mvwcpayment@gmail.com) by April 26th, referencing May Moonlight Mixer or mail checks to MVWC 13236 N 7th St, Suite 4-3047, Phoenix, AZ 85022 by April 19th, or drop payment off to Koni by 4/26.**

## Member Highlights



**Carol Janoff** and her husband recently returned from a month in South America and Antarctica. They began in Buenos Aires where they enjoyed a tango dinner show and explored the Recoleta cemetery and found Eva Peron's family tomb along with hundreds of others. Then they boarded their cruise ship and visited several spots in Argentina, including Ushuaia (the southernmost city in the world), Tierra del Fuego, sailed around the Horn, and ended with stops in Chile (where they stayed on for a couple of days in Santiago). Four days were spent scenic cruising along the Antarctic peninsula and one day exploring the Chilean fjords. They had close-up encounters with Gentoo, King, and Magellanic penguins and viewed countless glaciers and icebergs. It was an "awesome" way to celebrate their 50th anniversary.



## Activity Group Reports

### Matinee Friends (March)

Submitted by Carol Janoff

The Matinee Friends found a theatre we had never attended before! Stage Left Productions has existed for 10 years in Surprise (too far for us), but moved to a new storefront location in Glendale in January. This is a community theater, in an intimate setting, easy to find and park. We saw their first production in this new setting, "The Cottage, A Comedy Behind Closed Doors", on Sunday afternoon March 16. Farces can go so wrong, but Stage Left did it right, with perfect timing, excellently-executed physical comedy, crisp lines, great facial expressions and spot-on reactions. A review called it "a delightful whirlwind of a comedy, full of wit, romance, rapid-fire dialogue, and an irresistible sense of fun." And the ladies' costumes were gorgeous and perfect for the 1923 setting. We will be looking out for their future productions.



### Restaurant Review

Submitted by Peg Guichard-Watters

The MVWC's Restaurant Review went to Christo's, located at 6327 N. 7th Street, for our March outing. Our members ordered lasagna, veal Genovese, primavera pasta,



mussels and pasta (spiced to order), eggplant parmigiana, cannelloni Alfredo, and limone chicken. The portions were generous and the food was delicious. Each entree was accompanied by soup or salad, and lots of wonderful, fresh bread with real butter. Lunch entrees ranged in price from \$16 to \$22.

Members scored Christo's a 4.92 out of 5, and encourage MVWC members to dine there; and, perhaps, bid on a Christo's gift card at the next Club fundraiser.



## More Activity Group Reports

### Easy Hiking Group

Submitted by Julie Pek



The Easy Hiking Group was able to complete their March hike between two storms. The hikers had to dodge standing water and mud on the Reach 11 Trail but persevered. The air was clean and fresh after the previous night's rain. We were able to see the fast moving clouds coming in for the next storm. The three-mile hike took about 80 minutes around the pond and burrowing owl sanctuary (did not see any owls, we think they come out at night). Afterwards the hungry hikers departed for the nearby Tryst Café where the food was delicious and satisfying.



### Painting Group

Submitted by Marlpát Kudray– Flores

The painting group had wonderful tea at the English Rose Tea Room in Carefree. Then we painted at their garden around the square (but it really should be called a circle since the garden is in a circle around the sundial). The Gila Monster kids' slide is a great playground for anyone with grandchildren, before it gets hot. The weather was nippy, it got down to 57 degrees. Everyone said we need to remember this feeling of being cold with summer right around the corner. Members bought a gift card for the tea room for our group basket, so be sure to look for it!



## Even More Activity Group Reports

### Gals, Guys and Games Group

Submitted by Lynn Edwards

Fun celebrating the Irish and playing Uno with the Guys and Gals Game Group!



### Grape Expectations Wine Group

Submitted by Kathy Moffitt

Wine + Crafts = Perfect Night!



Sipping, crafting, and making memories with the Grape Expectations crew!

Cheers to creativity, great company & our amazing hostess Karen Kinney & Linda Larson Mersek!





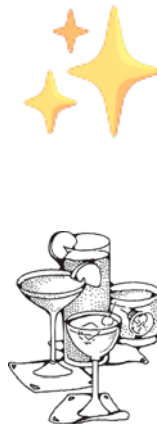
## Activity Group Reports continued

### Classy Cooks

Submitted by Kathy Anders

The swinging ladies of the Classy Cooks went back to the roaring '20s with an evening of drinks, appetizers and dinner hosted by Lin Felix and Sylvia Forry. Special guests included Kristin Carkeek, Sue Kewin (auction winners) and MVWC President Koni Gould. The menu included: Bloody Mary's and Mary Pickford (specialty drinks); shrimp salad and marinated olive and cheese (appetizers); duck a l'orange, roasted chicken and pork, duchess potatoes, Jello salad and hot fruit compote (entrees) with coconut cake and strawberry ice box cake for dessert. Gals and guys were dressed in their Gatsby finery and a fun night was had by all!!

### Great Gatsby Gala



### Matinee Friends (April)

Submitted by Carol Janoff

Five Matinee Friends took a short drive to the Paradise Valley Community College Performing Arts Center on Sunday afternoon, April 6. Their purpose was to see the production of "Lady Windemere's Fan" by Oscar Wilde. Though we found the first act to be somewhat slow, the action picked up in the rest of the play. This was a play quite typical of the time, with mistaken identity, willful misdirection, romantic suspicions and scandalous secrets. This first play by Wilde satires Victorian high society. The set was appropriately grandiose as befits the wealthy upper crust, and the gowns were just lovely. And that fan of Lady Windemere's--fluffy white feathers causing all kinds of trouble; all the ladies had impressive fans. The main characters had so many lines, all delivered in posh English accents. We enjoyed our afternoon in London society.



## Last of Activity Group Reports

### Museum & Special Events Group

Submitted by Jackie Gentner

On April 7th the Museum and Special Events group went on a tour of the Phoenix Theater. It is located in the heart of the Central Arts District and close to downtown on a 14-acre campus. It has three theaters, a restaurant, bar, rehearsal halls, administrative offices, along with costume, scenic props, lighting, and paint shops, all in one place. What an amazing experience we had!

The Phoenix Theater was originally founded in 1920. In 1924, the Heard Family offered the theater their old coach house on Central and McDowell. In 1952 Board President Shadegg, along with the Heard Family and Barry Goldwater, fought and won funding for a new building. Over the years there have been many renovations to address the shortage of space. They are again under construction working on a delayed project that will add another theater with a technically sophisticated 500-seat Broadway-sized theater, and exceptional in-house production facilities, top of the line ADA accessibility and a new sophisticated sound system.

After our tour, we went lunch at the Alexis Grille. It was a wonderful day. Everyone enjoyed the Phoenix Theater tour and the amazing lunch.



**Kathy Moffitt** and her husband Michael are heading to Guatemala in July with a group to deliver eyeglasses to folks who don't have access to eye exams or glasses. She will happily collect any old pairs you have lying around! She'll be collecting them through May 31st. Clear out those drawers and give your old glasses a whole new life! Contact Kathy Moffitt at (480) 452-5580.



# BIRTHDAYS THIS MONTH

## April Birthdays

Vicky Babb  
Jan Bree  
Kristin Carkeek  
Janelle Caskie  
Elaine Evers  
June Fontenot  
Chrissy Hempelman  
Mary Henigar  
Sandi Kogan  
Michelle Krajewski  
Jamie Kunkle  
Karen Larsen  
Prudence Lee  
Sheryl Lovell  
Janice Parker  
Suzie Phelan  
Debbie Raatz  
Carolyn Rodi  
Judy Schwiebert  
Kathy Scott  
Linda Sovola  
Jackie Stout  
Lorraine Strang-Grogan  
Kathy Zeblysky



## FUN FACTS ABOUT OUR MEMBERS

**Janet LaPlante** got 24 mini's when subbing at Leading Ladies Bunco on St. Patrick's Day and rolled 3 in a row the following night with the Red Hot Rollers!



**Kay Ames** and **Kathy Scott** are Native Phoenicians!

**Julie Moore** keeps hundreds of worms in her laundry room—She's a compost queen!



*Help!  
I'm out of fun facts to report!!*



If you enjoy reading these **fun facts** and want this feature to continue in our newsletters, I need help finding fun facts to report!

If you hear something interesting or funny about a member, jot it down and email it to me (with the member's permission, of course!)

Kathy Scott [kaffscott59@gmail.com](mailto:kaffscott59@gmail.com)



## HOW TO PAY for MVWC Dues, Lunches Special Events

### PAY BY ZELLE

On your online bank site search for Zelle. Set it to pay to: [MVWCpayment@gmail.com](mailto:MVWCpayment@gmail.com)  
Remember to describe what your payment is for in the Memo box. (Event name or lunch choice)

### PAY BY MAIL

Make your check payable to: **MVWC** and mail to:

**MVWC**  
13236 N 7th St.  
Suite 4-307  
Phoenix, AZ. 85022



## HOW TO PAY for MVWC Charity Events, Donations or Service Project

### PAY BY ZELLE

On your online bank site search for Zelle. Set it to pay to: [MVWCserviceproject@gmail.com](mailto:MVWCserviceproject@gmail.com)  
Remember to describe what your payment is for in the Memo box. (Event name or project)

### PAY BY MAIL

Write your check to: **MVWC Service Project**  
and mail to:

**MVWC Service Project**  
13236 N 7th St.  
Suite 4-307  
Phoenix, AZ. 85022

Love



Lunches

“Love Lunches” is a new committee established this year, headed up by Abby Irish . The object is to help those in need of a ride to and from the monthly luncheons.

If you are in need of a ride for any reason (no questions asked), then please call or text Abby Irish, at least 5 days in advance. She will coordinate your transportation. No fee is involved (unless you want to bring her chocolate ).

She is also looking for volunteer drivers who are willing to pick up and bring home our ladies who need rides. Please contact her if you can help be an Uber lady for the day! Thank you, Abby, for stepping up and filling a need in our group!  
We appreciate you!

**Abby Irish 602-332-1686**



## Returning Members

**Pay Your \$35 Membership dues for next year  
before they go up on June 1st!**

### Got Merch?

Don't forget to visit our merch shop, where a portion of every sale goes directly to our Service Project! Sweatshirts and long-sleeved t-shirts are now available!

<https://www.bonfire.com/store/moon-valley-womens-club/>



**Interested in starting a new activity group? Contact us at [moonvalleywomensclub@gmail.com](mailto:moonvalleywomensclub@gmail.com)**

There is an excellent Activity Group Leader Handbook available on our Website, under “Member pages” to guide you.

**Good News! MVWC is on Facebook!  
If you haven't yet, please join us!**

<https://www.facebook.com/groups/2801364973516934/>



<b>President</b>	<b>Koni Gould</b>
<b>Vice President</b>	<b>Annette McClure</b>
<b>Treasurer</b>	<b>Julie Moore</b>
<b>Secretary</b>	<b>Carol Wilson</b>
<b>2024-2025 MVWC Executive Board</b>	



**General Board**



<b>Primary Programs &amp; Venues</b>	<b>Gwen Gardner, Michele Baker, Kathy Hellan</b>
<b>Evening Programs &amp; Venues</b>	<b>Kathy Moffitt</b>
<b>Membership</b>	<b>Mary Brierly</b>
<b>Newsletter Editor</b>	<b>Kathy Scott</b>
<b>Records</b>	<b>Pepper Starobin</b>
<b>Webmaster</b>	<b>Michele Workman</b>
<b>Board Advisor</b>	<b>Betsy Ingram</b>

Newsletter Editor: Kathy Scott  
Send your newsletter submissions to: [kaffscott59@gmail.com](mailto:kaffscott59@gmail.com)

If you or another member could use a Sunshine card, please email your request to [moonvalley-womensclub@gmail.com](mailto:moonvalley-womensclub@gmail.com) and a card will be sent out. If you would prefer to NOT be included in the Report in The Echo, please let us know!

## Sunshine Report



**Sympathy** cards were sent to **Carol Wilson** for the loss of her mother and to **Anne Compton** for the loss of her mother.

**Get Well** cards were sent to **Peg Guichard-Watters** and **Judy Tometich**.

**Welcome e-cards** were sent to **new members**.