

https://mvwomensclub.org

November 2021



Celebrating November birthdays!

- 3 Mary Brierly
- 6 Ann Givens, Barbara Jeter
- 9 Pat Coghill
- 10 Carol McDermott
- 11 Robin Adrihan, Paula
- Schiminsky, Lila Van Cuyk

- 12 Vaughne Hollar
- 15 Flora Tromelin
- 16 Lane Crofford
- 18 Heather Ellison
- 19 Betsy Froderman
- 21 Bette Ladd

- 22 Julie Moore
- 23 Angela Baumann
- 24 Joyce Bruhn, Karen Pelatt
- 25 Debbie Schaub
- 27 Mary Harris
- 29 Mardelle Steward



President's Message

"As you grow older, you will discover that you have two hands – one for helping yourself, the other for helping others." – Audrey Hepburn

In my past letters, I have told you about our wonderful volunteer MVWC Board of Directors and how they make the wheels turn for our organization. We wouldn't have our events, our Service Project, or even Sunshine cards – and so much more - without them.

I am now turning the tables and asking you to please step up and help. The volunteers we have can only do so much and right now our Fundraising Committee Chairs, Lin Felix and Nancy Palmquist, are spread too thin. They need your help, and <u>they need it now</u>.

Several aspects of our February fundraising event, in which 100% of the proceeds benefit the MVWC Service Project, require your attention:

- 1) In this newsletter you are going to read about the beneficiaries of the 2021 Large Grants. Those grants do not happen without fundraising efforts. Currently, we need people to help in soliciting prizes for the event. Our committee chairs are looking for things like big screen TVs, tech tools, gift baskets, sports tickets/ memorabilia, timeshare vacations, and anything else we can source.
- 2) If you or someone in your family are part of a corporation that gives to 501(c)3 organizations, then please ask them to give on our behalf. If you own a business and can donate, we welcome your taxdeductible gifts. If you are an individual with a generous heart, we will happily accept your donations.
- 3) If you can volunteer to help ask for these types of donations, or any others, please call Lin (602-770-9810) and Nancy (*815-263-9391*) just as soon as you can.

In addition, please plan on joining us for our 2nd Annual Virtual Bake Sale, when the MVWC will be baking desserts for Thanksgiving. Last year's event was so successful, we decided to do it again!

Don't forget to look for MVWC's participation in #GivingTuesday (November 30, 2021, more details to follow).

On behalf of your Board, I would like to wish you all a very happy, safe, and healthy Thanksgiving.

Betsy Ingram MVWC President, 2021/2022

Update from your Service Project Board – Large Grants awarded!

Thanks to the amazing fundraising efforts by all members, the Service Project Board was able to award a total of \$16,000 to seven local organizations this year. These large grants were all given to organizations that were sponsored by a member of MVWC. The Service Project Board met on October 19th, and we are thrilled to share the following details:

Moon Mountain Elementary School Adopt-A-Family Holiday Project and Thanksgiving Food Baskets (www.wesdschools.org) were both sponsored by **Sue Sherman** and will be receiving \$3350 and \$1000, respectively. These annual projects are a favorite within our community and we are excited to once again be able to support these programs that help families in need at one of our local schools. We anticipate 10 families will enjoy a wonderful Thanksgiving meal and 20 families will have a much better holiday season because of this support.

Sunnyslope Adopt-A-Family Holiday Project (www.wesdschools.org) was sponsored by **Mary Henigar** and will receive \$3350 to support 20 families during the holiday season. Just like the above, this is an annual project in our club and helps bring all members together in support of our neighbors who will benefit from this grant.

The **Welcome to America Project** (www.wtap.org), sponsored by **Pam Gill**, is a new organization for us this year and they will receive \$3000 to purchase supplies for their mobile closets, which travel around the Phoenix area and provide essential items, such as clothing, shoes and books, to refugees within our communities. The timing couldn't be better as this group prepares to welcome many Afghan refugees into Arizona.

Joy Bus (www.thejoybusdiner.com) was brought to us by **Karen Zanzucchi** and will receive a grant of \$3000. Joy Bus provides meals and emotional support to many of those in our community who are working to win the fight against cancer. The past 18 months have been very difficult for everyone, but especially these patients who have been unable to get out and interact with friends and family, but who so much need the support of loved ones.

Phoenix Day School for the Deaf (www.asdb.az.gov), sponsored by **Sandi Kogan**, is receiving a grant of \$1700. This money will be used to upgrade a traditional water fountain to a bottle filling station for their students and staff. A simple project like this will ensure better health for everyone at the school.

Moon Mountain Elementary School (www.wesdschools.org) has a project brought to us by **Kristin Carkeek** which is focused on student recognition for positive behaviors. The grant of \$600 will allow them to buy the small gifts given by the teachers to students who exhibit the preferred behaviors, encouraging and rewarding permanent changes.

Once again, thank you for all your financial support throughout the year. We will soon be asking you to nominate local organizations for our small grants, so please start thinking about that list now, and please take part in the opportunities outlined in our President's Letter for some upcoming ways to support fund-raising for these grants!

Help needed: Christmas Family Adoption Project

The MVWC Service Project Board recently allotted this year's Large Grants, and partial funding for the Christmas Family Adoption project was approved. Now we need your help! With some modifications and your generosity, we can make Christmas happen for 40 families from two local schools – Sunnyslope K-8 School and Moon Mountain Elementary. This year, each school family will be assigned to a volunteer with most shopping done individually. Items procured will be labeled by family name and number and delivered to the schools on December 13th or 14th, prior to winter break.

There are three ways to assist:

- 1. Adopt one or more families and shop/pay for the requested items at a store of your choice / at your leisure, as your donation.
- 2. Adopt one or more families and shop at Walmart (located at Bell & Tatum) using Walmart gift cards provided by MVWC Service Project. Negotiated discounts are applied at this store as well as our tax-exempt status.
- 3. Donate money to the project.

Each family consists of parents and children (from 2 to 7 family members), and volunteers are provided with a list of clothes & shoe sizes for each child, toy or gift requests, and household or personal gift requests from the parent(s).

If you prefer to donate money, checks made payable to **MVWC Service Project** should be mailed to: Mary Harris, Treasurer, MVWC Service Project Group 418 E. Monte Cristo Ave, Phoenix, AZ 85022 as soon as possible but before 12/1/2021.

If you prefer to volunteer your time, contact Sandi Kogan, Coordinator, Service Project Group at stkphx@cox.net or call her at 602-375-1433.

Save the date – November bake sale FUNdraiser!	Please join us for our online MVWC Bake Sale Fundraiser – Monday, November 22nd @ 6:30 PM via Zoom. We have sweet treats for you to bid on this Thanksgiving holiday so you don't have to make them! We also welcome contributions of homemade baked items from members. If you are willing to help, please contact Kathy Anders at kathleenkanders@gmail.com. The more items we have to auction, the more money raised for our charities. See the attached flyer for additional information.
Sending sunshine!	A welcome e-card was sent to new member Holly Rose! We learned last month that Alice Hartman, a previous long-time member, had passed away. A sympathy card was sent to her daughter, Kathy Mills.

Activity group and event updates

On October 19th, the **MVWC Gardening Group** enjoyed a tour of a beautiful gem - the Japanese Friendship Garden, tucked away in the heart of downtown Phoenix. The garden is an authentic Japanese Stroll Garden on 3.5 acres started in 1987 as part of the Phoenix Sister Cities program with Himeji, Japan. We strolled leisurely along the curved paths, viewing the garden's four distinct landscapes. Along the way, we had the wonderful opportunity to speak with the gardener about some of the various vegetation. The visit was a peaceful respite to our busy lives. Afterwards we then all enjoyed a delicious lunch at the Match Market. Our next outing is November 9th, with a visit to the Plant Stand followed by lunch at the Farm at South Mountain.

MVWC Trivia Night Out was a great success - lots of fun, friendship, energy, and dancing. The evening event was planned to allow the working women of MVWC that usually can't attend luncheons the opportunity to attend after work. The team of Brett's Babes headed by Mary Brierly & Paula Schminsky and their guests were the winners of the night, with a \$25 gift card each. It has been suggested this become an annual event given that it was so much fun with great questions from our fabulous entertainers, Kelvin & Taylor, such as: "What bone are babies born without?" We don't think any of us will ever forget the answer!







Updates and Reminders



MVWC Board meetings

Our next Board meeting will be Monday, November 29 at 6:30 PM (via Zoom). Board meetings are open to all members (reach out to Betsy Ingram at 602-432-2030 for more information).

Membership directory updates

Member contact information is updated on a regular basis. We report these updates in the newsletter as necessary, but the online directory for new phone numbers, addresses, and/or information on

new members is the best source! Your updates can be sent to Sandi Kogan, Records Chair, stkphx@cox.net or call 602-375-1433.

If you would like to add or update a picture in our directory, please send your photo to Michele Workman at workman5@aol.com (any photo you like of yourself will do, so if it's a group photo, she can make sure only your lovely face makes it into the directory with your information).

Ask your friends and neighbors to join us!

Remember, our members are the club's best advocates, so we rely on YOU to spread the word. If you have neighbors or friends who are interested in joining MVWC, please share a membership form with them (you can also sponsor a new member who lives outside of our boundaries). If you need to have a membership form sent to a prospective member by email or US mail, notify Membership Chair, Beverly McManus, at 602-980-6338 or azhope20@gmail.com.

COVID guidelines

Your Moon Valley Board of Directors would like you to know that your health and safety are a priority to us. We request that you follow these guidelines (we are monitoring CDC recommendations and will update as needed):

- While we are planning events for this membership year, we want you to know that we will continue to watch CDC guidance and reserve the right to cancel an event. Your payment will be held until the day before the event in case of event cancellation.
- Masks are required at our regular events for anyone who is not fully vaccinated. If a venue requires masks for vaccinated individuals, we'll abide by their guidelines as well. Some activity groups may also have their own individual requirements and we ask that you respect those.
- Do not attend an event if you have tested positive for COVID, have recently been around someone who has tested positive or if you have any flu-like symptoms. Trust your instincts and only attend an event if you are comfortable doing so.

Newsletter items

Activity group leaders/members are encouraged to submit articles about your groups to the *Echo* so we can hear about it! Submissions for the December *Echo* should be sent to Jodi Kogan no later than **Thursday**, **December 2**. If you have any questions, please email Jodi at jodijodi@gmail.com.

Don't forget:

- Save the date for the virtual FUNdraiser bake sale: Monday, November 22 @ 6:30 PM (via Zoom)
- Next Board meeting: Monday, November 29 at 6:30 PM (via Zoom)
- o RSVP for the December event: by Wednesday, December 1
- o Newsletter deadline: Thursday, December 2
- o December event: Saturday, December 11 at 11:00 AM



Moon Valley Women's Club 428 E Thunderbird Rd, #539 Phoenix AZ 85022