



Monthly Source of News & Information for MVWC Members

<https://mvwomensclub.org/>

August 2021

Announcing the September Event

We're back and we're excited! MVWC is pleased to announce that we will be resuming our monthly luncheons in September and we hope that you will join us. Here are the specifics:

Where: Times Square Restaurant, 718 E. Union Hills, Phoenix, 85024

Date: Thursday, September 9, 2021

Time: 11:00 AM - social; Noon – lunch, followed by program

Program information: Holly Rose, Moon Valley resident and Founder of the Check for a Lump non-profit foundation for Breast Cancer Awareness will be addressing us at our September 9th luncheon. The vision of the foundation is to help make a difference in the fight against breast cancer. Their programs provide free breast health education, mammograms, testing, wigs, support and assistance to breast cancer patients, survivors and their caregivers. We thought it would be nice to get a head start on Breast Cancer Awareness month in October and have her address us at our September opening luncheon.



Menu Selections:

Selection A	Selection B	Selection C
Lasagna Casalinga (layered noodles with meat, ricotta topped with meat sauce, topped with mozzarella)	Fettuccine Alfredo Chicken (cream, butter, and parmigiana cheese with chicken, seasoned with finely chopped onions)	Mediterranean Salad (mixed greens, artichoke heart, tomatoes, pepperoncini, olives, roasted red peppers, cucumber, red onion, and feta cheese) <i>Please indicate if you desire a vegan entree and the feta will not be included.</i>

Cost: \$25 [price/person, includes your chosen entree, garlic bread, beverage (coffee, iced tea, lemonade), dessert, tax, and gratuity]

Reservation and payment deadline: September 2, 2021. Send menu selection along with your payment to: Moon Valley Women's Club, 428 East Thunderbird Road, Box 539, Phoenix, AZ 85022. If you have any questions, call Victoria Cherekos, Treasurer at 602-451-9660.

Extra time is provided at the September 9th Luncheon for member photos, meeting the board members and catching up with neighbors and friends you haven't seen for some time. If you are a prospective new Member and would like to attend a luncheon prior to joining, you are welcome to do so.

We look forward to enjoying your company at Times Square!

President's Message

"Yes'm, old friends are always best, 'less you can catch a new one that's fit to make an old one out of." - Sarah Orne Jewett

I think that sums up how the women of the Moon Valley Women's Club have grown and blossomed over the years. We all start out new to the club but before you know it, we are old friends.

Over the last 18 months, we have all tried to stay close to our friends, whether it be by Zoom, email, or even old-fashioned phone calls. Now that restrictions are lifting, many are finally meeting in person.

We are being cautiously optimistic; going forward, we plan on resuming our monthly events and many activity groups are meeting in person. We want everyone to feel safe and comfortable. However, because of the Delta variant we will continue to follow CDC guidelines for safety and remain flexible in our plans for in-person events.

We have a fantastic new board for 2021-22, with a mix of returning board members, some of whom are brand new to our club. This is exciting as they are working hard to come up with new ideas to make our events lively, interesting, and fun.

Our club is changing and growing as well and here are a few things that have been happening behind the scenes:

- Over the last year we have expanded our membership to include sponsorship of members who live outside of our boundaries. That means that you can now invite family and friends to join when you do.
- To accommodate our working members, we are hosting some of our events in the evening.
- Last year we missed out on celebrating the MVWC's 50th Anniversary but this year we intend to celebrate BIG. We want to leave a legacy for the future of our club.
- We had our first ever audit and passed with flying colors.
- We hope to have online payment available for events very soon.

We can't wait to see you again and have you join in the activities and events – so [click here for our Membership Form](#) and renew today!

Please be sure to call me at 602-432-2030 if you have any questions, as I would be happy to hear from you.

Warm Regards,

Betsy Ingram

MVWC President, 2021-2022

August Fun Fact!

Did you know that August is Happiness Happens Month? Specifically, it's the 22nd official Happiness Happens Month celebration as originally defined by the Society of Happy People. The last couple of years have been challenging to say the least, so to learn more about ways that you can bring a smile to your face (and those around you), improve your mood, and count your happy moments, visit the [SOHP Count Your Happy site](#).

Membership Information

New membership is open to any woman living within these boundaries: North side of Thunderbird Road, West side of Seventh Street, Homes on Paradise Lane/LeMarche Avenues, East of and including Moon Mountain and Coral Gables Estates, and South of Greenway, including Moonlight Cove, Tamarac, and Las Meridas. In addition, members can sponsor new members who live outside of these boundaries.

To be included in the 2021-2022 Membership Directory, receive the Echo newsletters, and access the member-only sections of [our website](#), your check and membership form (pages 1&2) must be received by Thursday, 9/2/21. See details on the [Membership Form](#).

If you need to have a membership form sent to you or another prospective member by email or US mail, notify Records Chair, Sandi Kogan at stkphx@cox.net or at 602-375-1433. Thank you for your interest, and we look forward to having you join!

Let's Party!

In 2020, the Moon Valley Women's Club passed the impressive milestone of 50 years since it was founded, but without the fun and hoopla it deserved. The pandemic may have delayed the party, but now it's time to think about how to celebrate our 50+ years!

We're looking for volunteers to help plan our 50th Anniversary Party. Some of you have already raised your hand to participate - thank you! Anyone else interested in joining the planning committee, please contact Vicky Babb at 602-909-5603 or by email at moonvalleywomensclub@gmail.com. We need your help, and together we can make this an awesome celebration!

MVWC Activity Group Updates

The following new groups have been proposed for 2021-2022:

- Bible Study
- Tech Club
- Vegetable & Herb Garden in Low Desert

We also have some groups with openings, and some that need coordinators:

- Bunco Daytime Wednesday – New members & coordinator needed
- Bunco Evening Groups Monday, Tuesday, & Wednesday – New Members & subs
- Classy Cooks (first Wednesday of the month) – New members needed
- Mah Jongg American New Group – New members & subs

- Museums & Special Events – Co-coordinator needed
- Pinochle Groups Daytime & Evening – Coordinators needed
- Restaurant Review – Co-coordinator needed

If you are interested in any of these activity groups, please indicate your choices on your Membership Form or send an email to Records Chair, Sandi Kogan at stkphx@cox.net or at 602-375-1433.

Save the date!



Our October event will be an evening gathering and is scheduled for October 14, 2021. This will be a trivia fun night, which you won't want to miss, so please mark your calendars!

Sending sunshine and support



In May, a get well card was sent to **Becky Cairo**. A sympathy card was sent to **Wendy Caporaso** on the passing of her brother. Ecards were sent to welcome new members **Joan Davis** and **Wendy Caporaso**.

In June, a get well card was sent to **Betty Callan**.

Service Project Board

The Service Project Board was created in 2019 to align with IRS regulations requiring that charitable organizations must be separate from social organizations. By gaining this non-profit status, our donors can legally deduct contributions on their taxes and we have a specifically designed vehicle to distribute club-raised funds to our local community.

The Service Project Board is composed of 7 MVWC members who meet quarterly to coordinate and distribute our raised funds through our Spring Small and Fall Large Grant programs. To learn more about the Service Project, visit the pages within the member-only section on the MVWC website. The SP pages include a list of all awarded grants since 2019, member sponsor forms and guidelines, our bylaws, and we recently began posting our meeting minutes and financial reports. We rotate our board members yearly, so if you have interest in serving on the Service Project Board please reach out to Michael Heglaw at 602-300-3498 or by email at michaelkheg@gmail.com.

Service Project Board Large Grant Applications due August 15

The Service Project Board has budgeted \$16,000 and is waiting for you to sponsor a local organization with the possibility of a large grant to be awarded this October. Members have just days to sponsor a group for one of the grant awards available and it all begins with YOU! We have all worked hard to raise these funds and now is your chance to gift it to a deserving organization by filling out and submitting a Member Sponsor Form (available on the MVWC website – once you log in, visit Member Pages, click on Service Project, and find the document links at the bottom of the page). Please read the Large Grant Guidelines carefully and assure that the organization you are sponsoring meets the criteria required for eligibility.

If you previously sponsored an organization and want to continue your support, you must submit a new Member Sponsor Form for 2021-22. If you wish to suggest a new organization, we encourage you to submit a form.

The form can be filled out electronically or printed and mailed. It must be received in our mailbox by Sunday, August 15th. This is a short timeline, so please call Michael at 602-300-3498 for questions or sponsor form in-person drop-off instructions. Alternatively, you can fill it out and scan/email a photo to Michael at michaelkheg@gmail.com.

Updates and Reminders



MVWC Board meetings

Our next Board meeting will be Monday, August 9 at 6:30 PM via Zoom. Board meetings are open to all members (reach out to Betsy Ingram at 602-432-2030 for more information).

Membership directory updates

Member contact information is updated on a regular basis. We report these updates in the newsletter as necessary, but the [online directory](#) for new phone numbers, addresses, and/or information on new members is the best source! Your updates can be sent to Sandi Kogan, Records Chair, stkphx@cox.net or call 602-375-1433.

If you would like to add or update a picture in our directory, please send your photo to Michele Workman at workman5@aol.com (any photo you like of yourself will do, so if it's a group photo, she can make sure only your lovely face makes it into the directory with your information).

Ask your friends and neighbors to join us!

Remember, our members are the club's best advocates, so we rely on YOU to spread the word. If you have neighbors or friends who are interested in joining MVWC, please share a membership form with them (you can also sponsor a new member who lives outside of our boundaries). If you need to have a membership form sent to a prospective member by email or US mail, notify Records Chair, Sandi Kogan at stkphx@cox.net or at 602-375-1433.

Newsletter items

Articles for inclusion in the September **Echo** (available September 9) should be sent to Jodi Kogan at jodijodijodi@gmail.com no later than **Monday, August 23**. If you have any questions, please email Jodi.

Don't forget:

- Next Board meeting: Monday, August 9 6:30 PM
- Large Grant Sponsor request forms due: Sunday, August 15
- Newsletter deadline: Monday, August 23
- Membership payment deadline: ASAP, but latest Wednesday, September 1
- RSVP for the September event: Thursday, September 2
- September luncheon: Thursday, September 9 at 11 AM
- Save the date for the October event: Thursday, October 14 (evening)



Moon Valley Women's Club
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