



Monthly Source of News & Information for MVWC Members

May 2021



*Sending  
sunshine and  
support*

**A get well card** was sent to **Rosalie Welty**, who had knee surgery. **A sympathy card** was sent to **Susie Phelan** on the passing of her grandmother.

*Announcing the  
2021-2022  
Executive  
Board*



The Nominating Committee is pleased to announce those elected at our April Annual Meeting.

President: Betsy Ingram  
Vice President: Vicky Babb  
Secretary: Armida Herrera  
Treasurer: Victoria Cherekos

Congratulations to our new Executive officers, and thank you to Kristin Carkeek, Betsy Ingram, Kathy Anders, and Audrey Sangerman for their service on the 2020-2021 Executive Board!

## President's Message

Dear Member,

It is time for me to pass the MVWC torch to our new President, Betsy Ingram. I am thrilled to say that Betsy, Vicky Babb (VP), Armida Herrera (Secretary), and Victoria Cherekos (Treasurer) were elected with strong support from our membership. I am excited about the new energy and ideas they will bring to the Executive Board. The Club is already experiencing a bit of a renaissance as we've fielded a lot of inquiries from prospective new members. Our members are excited at the promise of a return to (a new) normal and our prospective members are recognizing the value of fellowship, which was denied to us in 2020-2021.

For me, it has been a fun, and occasionally challenging, two years. As many of you know, our prior President, Beverly Carkeek, was also my much beloved mother-in-law. She passed away in my first weeks as President and the following year, we all faced a pandemic. I doubt there was ever a President who needed her Board more than I have. Through it all, I experienced what I believe to be the essence of our community – support and encouragement. I could write a paragraph for each of the Executive Board members who worked so hard to realize our ambitious agenda: new By-Laws, 501(c)(7) status with the IRS, transferring more records to the website - all done with their exhaustive attention to detail. They've been amazing partners.

The pandemic affected everything we did and experienced this past year and the MVWC was no different. All our Board members met these new challenges with strength and grace. Every Board member was asked to set aside their reservations and join Zoom meetings which was new to nearly all of us; we had several fun and successful fundraisers; we had a string of wonderful speakers; we still gave back to our community; we worked hard to engage our members with cards, e-cards, phone calls, speakers, emails and, yes, balloons. Our website and newsletters continued to inform and entertain and were vital to keeping us together in a year of isolation.



**This month: join us for a social event while we recognize the outgoing Board and welcome the incoming Board!**

**Thursday, May 13**  
**7:00 pm**  
 Online via Zoom

We have some interactive activities planned – bring your beverage of choice and come ready to have some fun! Here’s a potential cocktail/mocktail recipe you can use, and we’ll add a few more on the website before the RSVP date.

**Pineapple Mule**

*Ingredients:* 1 oz. fresh lime juice, 1 cup pineapple chunks, 4 oz. ginger beer (Fever Tree is recommended), ice for serving, fresh pineapple slice for garnish, 2 oz. vodka (or skip and make it a mocktail)

*Instructions:* Muddle the pineapple chunks. Add the lime juice, pineapple, and vodka to a copper mug and stir to combine. Stir in the ginger beer and fill the cup with ice. Garnish with a slice of fresh pineapple. Serve immediately.

**RSVP** to Audrey Sangerman ([a.sangerman@cox.net](mailto:a.sangerman@cox.net)) by **May 10**.

So, I thank each and every Board member, all of whom volunteer their time, for their dedication to keeping the MVWC strong and relevant and ready for our 51<sup>st</sup> season.

With best wishes to Betsy and her new Board and high hopes for a bright 2021-2022 season, I look forward to many fun days ahead with all of you.

*Kristin Carkeek*

MVWC President, 2019-2021

## Thanking Our Outgoing Board

Please join us in thanking these outgoing 2020-2021 Board members and Committee chairs for everything they’ve done to keep the Club rolling during these unprecedented times!

<i>Role</i>	<i>Name(s)</i>
Executive Board	Kristin Carkeek (President) Betsy Ingram (Vice President) Kathy Anders (Secretary) Audrey Sangerman (Treasurer)
Fundraising	Lin Felix Nancy Palmquist
Birthday Flowers	Vaughne Hollar
Board Advisor, Records Chair	Sandi Kogan
Door Prizes	Gwen Gardner
Hostess	Pat Clegg Kathy Rose
Luncheon	Nancy Gray
Membership Chairs	Nancy Palmquist Marcia Haarer
MVWC Service Project Chair	Michael Heglaw
Newsletter Editors	Angela Baumann Debb Erbstoesser Jodi Kogan
Photographer, Webmaster	Michele Workman
Programs Chair	Barb Nicholls
Raffle Tickets	Kathy Rose
Sunshine Cards	Jackie Stout

## Send your Membership Form today!

Please remember to renew your membership before you leave for the summer. 2021-2022 Membership Forms are available on the website. Forms and payments are due by September 1, 2021, and we urge you to join early to ensure that activity groups can be organized, updated and ready to begin in September/October. If you spend your summers in cooler climates, lucky you!

## Cheers to 50+ years!

In 2020, we missed many things. Your friendship, Pat Clegg's jokes to open our luncheons, meetings, events, our activity groups, and most of all - our 50<sup>th</sup> Anniversary Party. With 2021 upon us, we are seeing more of each other and want to continue planning for our celebration. We need your help! Please contact Betsy Ingram at 602-437-2030 or [jbetsgroup@aol.com](mailto:jbetsgroup@aol.com) to be on the planning committee – after all, it's not a party without you!

## Volunteer Opportunity – Member Appreciation

The MVWC Board is forming a Committee to create a recognition/ appreciation program for our Club. This Committee has the goal of creating a program, which includes guidelines and recommendations, to express our appreciation and gratitude to members whose accomplishments, talents, dedication, and/or knowledge have significantly benefited our membership. We'd like to have a small committee of 3-5 women volunteer to working on creating this program. It can be done in person or via Zoom. The expectation is that it would take 3-4 meetings and will be ready by September. Please contact Kristin Carkeek at [jcarkeek1@cox.net](mailto:jcarkeek1@cox.net) or 602-690-3459 if you are interested in joining this Committee or have questions.

## Earth Day Event Recap

The Garden Club looks forward to our annual plant exchange each year but since we were not able to meet in person, just like all the other activity groups, we decided to make it a bigger gathering by inviting the entire club to join us. We had members who came just for the fellowship, and others who came with cuttings, seedlings, and more. The plants exchanged were varied and abundant: cactus, agave, flowers, herbs, and so much more. Abby Lee Farms generously donated some beautiful flowering plants and enough Holy Basil for all who attended. We should remember them when shopping for plants and thank them next time we are there. The weather was perfect for this outdoor event, and we had over 20 attendees in Lora Simonsgaard's backyard. Those who came for fellowship were not disappointed, we shared some good food and good times. We hope to see you at the next event very soon!

## Tell your friends – MVWC Membership Drive

Remember, our members are the club's best advocates, so we rely on YOU to spread the word. If you have neighbors or friends who are interested in joining MVWC, please share a membership form with them. You can sponsor a new member who lives outside of our boundaries. If you need to have a membership form sent to a prospective member by email or US mail, notify Records Chair, Sandi Kogan at [stkphx@cox.net](mailto:stkphx@cox.net) or at 602-375-1433.

## Service Project Updates

**Board updates:** The Service Project Board is about to conclude its third year operating as a 501(c) (3) non-profit organization. Some of our original members have been with us for 4 years, counting the almost a year it took to research, write, and obtain the tax-exempt designation. This April, two of our members who have served from the very beginning are leaving us on May 31<sup>st</sup>: Roseanne Boyle, as a member at large, and Sandi Kogan, as Secretary/Treasurer. They have been instrumental in the development and first years' growth, and we will miss their guidance.

Sandi and Roseanne's departure left us with openings for next year, so a search committee was formed. Pam Gill led the nomination effort as well as formed a slate, which the Service Project Board approved at our April meeting. We are very happy to welcome Gwen Gardner and Erin Flothmeier as our newest at-large

Board members. In the 2021-22 season, Michael Heglaw will complete her 2<sup>nd</sup> two-year term as Chair and Mary Harris has stepped up to a two-year term as Secretary/Treasurer. Marcia Haarer and Karen Zanzucchi will be completing the second year of their first term. For more information, the minutes from Service Project Board meetings as well as the Treasurer's Report are available on the MVWC website in the members' pages under Service Project.

**Small grant awarded:** Student athletes at Thunderbird HS have become the recipient of a \$2,000 MVWC Service Project Small Grant Award. Some of the students at this Title 1 school are financially unable to provide the sport-specific shoes, like cleats for baseball and softball or basketball sneakers. Coaches and the social worker will identify these needy students and purchase shoes for them through the school bookstore.

This program is open to all genders and they will be required to maintain an acceptable GPA. Students who participate will gain confidence and pride in their school and benefit from the skills they learn from playing on a team.

Thanks to our club's fundraisers and all the MVWC members who participated in the programs this year for the opportunity to make another positive difference in our community.

## Updates and Reminders



### **MVWC Board meetings**

Our next Board meeting will be Tuesday, May 25 at 6:30 PM. Board meetings are open to all members (reach out to Betsy Ingram for more information).

### **Membership directory updates**

Member contact information is updated on a regular basis. We report these updates in the newsletter as necessary, but the [online directory](#) for new phone numbers, addresses, and/or information on new members is the best source! Your updates can be sent to Sandi Kogan, Records Chair, [stkphx@cox.net](mailto:stkphx@cox.net) or call 602-375-1433. If you would like to add or update a picture in our directory, please send your photo to Michele Workman at [workman5@aol.com](mailto:workman5@aol.com) (any photo you like of yourself will do, so if it's a group photo, she can make sure only your lovely face makes it into the directory with your information).

*This month's updates:* Nora Hart has a change of phone number. Also, please join us in welcoming our newest members – Joan Davis and Wendy Caporaso!

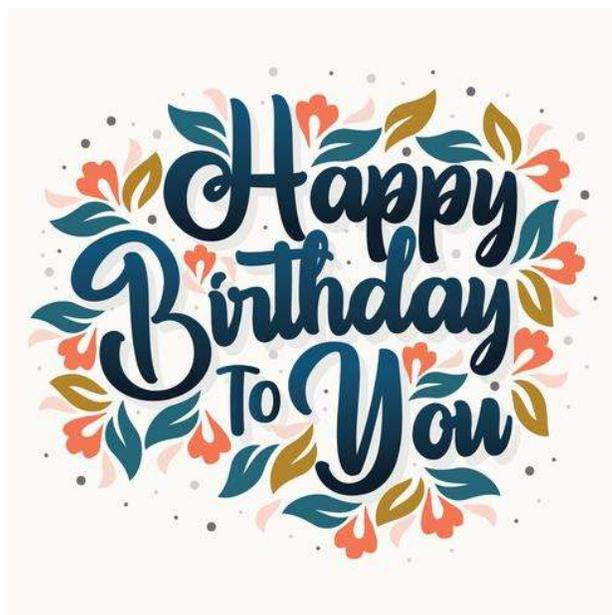
### **Newsletter items**

Articles for inclusion in the August **Echo** should be sent to Jodi Kogan at [jodijodijodi@gmail.com](mailto:jodijodijodi@gmail.com) by **Tuesday, July 27**. If you have any questions, please email Jodi.

## Birthdays

We have a lot of birthdays to celebrate from now until August! Join us in celebrating these members:

May		June		July		August	
3	Gloria Griego	1	Pam Schall	2	Marcia Balestrino	3	Norma Mesa
9	Erin Flothmeier	2	Doris Ong	6	Kathy Stebbins Sara Carey	4	Shelly Barnes Nora Hart
12	Bonnie Trepak Marilyn Lybarger Berry	7	Jodi Peruch	8	Debra Exner	5	Rosemary Horgeshimer Joan Cunningham Kathy Bedore
14	Harriet Moser Michael Heglaw Marilyn Drake	8	Candace Westwater Liebert Maripat Kudray-Flores Elaine Fleischmann	10	Norma Head	6	Carol Janoff
18	Wendy Caporaso	12	Gina Mehr	12	Lou Ann Clark	10	Peg Guichard-Watters
20	Nancy Palmquist	18	Karin Schardt	13	Blanche Lukes Larcy Adickes	11	Pam Spitler Rose Johns Pat Clegg
21	Kay Ames	21	Cherie Malkoff	17	Rosalind Berkley	16	Jackie Isbell
22	Martha Money penny	24	Yolanda Haggerty Jan Lippert	18	Bette Dowd	18	Dee Larson
24	Suzy Howell	25	Jo Anne Garcia	23	Margery Simchak	20	Arline LePlante Dixie Baranko
26	Cheryl Edwards	26	Susan Doyle Betty Callan	25	Peggy Robbins	22	Lin Felix
28	Carla Bellew	27	Victoria Cherekos	26	Jill Runyon	27	Helen Gabel
		28	Fran Steele	27	Carol Dixon	28	Nancy Sippe
		29	Betty Silva	28	Elaine Blake		



## **Don't forget:**

- RSVP to the May event: Monday, May 10
- May social event: Thursday, May 13 7:00 PM
- Next Board meeting: Tuesday, May 25 6:30 PM
- Newsletter deadline: Tuesday, July 27
- Membership payment deadline: ASAP, but latest September 1



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