



Monthly Source of News & Information for MVWC Members

July 2020



**Like, totally!
Don't have a cow,
but ...**

In lieu of a luncheon in September we will be doing a **Virtual Happy Hour on September 10th at 6:00 pm.** The theme will be "the 80's"!

Think back to your favorite movie and song from the decade, and find the most RAD picture of yourself in the 80's. And, if you are really into it, attend the event in your best 80's style outfit.

Email Audrey @ asangerman@cox.net before Aug 3, to reserve your spot and submit your 80's themed memories.

Like, don't

President's Message - Summer in Phoenix always seems long, but this one is particularly challenging as we battle the heat and boredom that comes with COVID19 precautions. And yet this summer the MVWC Board, the MVWC Service Project Board, the Bylaw Committee, the Auction Chairs and many others have been working hard in service to our Club. This newsletter is packed with news - much of it good!

The Auction Chairs, the Luncheon Chair, the Program Chair – really everyone on the Board - is coming up with great ideas to meet the challenges we face. Please don't hesitate to reach out to me or any other Board Member with suggestions on how to keep our social group on track. Unfortunately, we are canceling some fall and winter events, but, at the same time, are coming up with new diversions to keep our spirits high while we stay safe.

The MVWC Service Project received its 501(c)3 IRS designation last year and during that process, it became clear the MVWC should apply for 501(c)7 designation as a social club. The Bylaws committee began its work in May and have met via Zoom several times a week since then. When you see the documents, you will notice that the committee has retained the "what we do" in the Bylaws and moved much of the "how we do it" into Standing Rules. The Chair of the Committee, Betsy Ingram has outlined what the Committee felt were the most significant changes. Please call any member of the Committee for clarification if you have questions, and PLEASE VOTE by August 23, 2020.

As the summer draws to a close, you will see more and more MVWC activity, so please check the Website frequently. Be sure to return your membership form and dues before the August 1st deadline.

Best wishes for safe and healthy days ahead,
Kristin Carkeek - MVWC President, 2020/2021



Get well wishes
were sent to Jo Haran

Thinking of you wishes
were sent to
Debbie Erbstoesser

Sympathy wishes
were sent to

The family of MaryAnn Richy
(including a donation made
on her behalf)

&

The family of
former member, Bev Bruder

MVWC Service Project Update

This year marks MVWC's 50th Anniversary and we are pleased to report that due to donations and the annual auction, funds exceeded those raised in all previous years, which allows for expanded support of our community's needs. This year, a total of \$5,300 has been awarded to community organizations sponsored by Club members as follows:

The Magic Yarn Project, sponsored by Marcia Haarer, assembles and decorates yarn wigs and hats inspired by Disney characters for children undergoing chemotherapy. (\$1,500 for materials)

Sleep in Heavenly Peace, sponsored by Lin Felix, constructs beds and delivers them, with bedding, to youngsters who otherwise have nothing to sleep on. (\$1,400 for materials)

Spotlight Youth Theater, sponsored by Gloria Griego and Roseanne Boyle, produces plays and musicals providing youth and their families an environment where the individual is supported, teamwork embraced and creativity encouraged. (\$1,000 for equipment)

Constitution Elementary School's Gifted Program, sponsored by Debbie Erbstoesser, is a STEM program (Science, Technology Engineering and Mathematics) working with Title 1 students to create critical thinkers and enable the next generation of innovators. Teachers are currently supplying class materials. (\$1,100 for supplies)

Your Art Your Story, sponsored by Marilyn Drake, works with adults and children recovering from the loss of a loved one through suicide. Free art classes are offered to foster healing and form a connection between those affected. They also work to promote suicide awareness. (\$300 for art kits)

The upcoming deadline for Large Grant applications is September 15th, and awards generally range between \$2,000 to \$5,000. Last year's recipients were Moon Mountain Elementary, Sunnyslope Elementary and De Colores Domestic Violence Shelter. For grant guidelines and applications, please visit www.mvwomensclub.org Service Project page or call Michael Heglaw at 602-300-3497.



Newsletter Deadline: Articles for inclusion in a future *Echo* should be sent to Angela Baumann at branna.baumann@gmail.com, with [MVWC newsletter](#) in the email subject line. If you have any questions, please email Angela.



Board Meetings: Upcoming board meetings will be conducted via Zoom, and all members are welcome to attend. Contact President, Kristin Carkeek, if you have a matter for board consideration or discussion.

Membership Directory Updates: Member's contact information is updated on a regular basis. Remember to check the online directory for new phone numbers and addresses or information on new members!

ZOOM - In response to the COVID19 Pandemic, the MVWC has purchased Zoom access through the end of 2020. We encourage all members and especially Activity Group Leaders to make use of Zoom to keep your groups engaged. The Board has been using Zoom with great success. It is user friendly. If you wish to have access, please contact Kristin Carkeek @ jcarkeek1@cox.net or 602-690-3459 for login and password information. Our Zoom account can accommodate 1 meeting at a time and 100 participants.

2020-2021 Membership Forms are available on the website. Forms and payments are due by August 1, 2020, and we urge you to join early to ensure that activity groups can be organized, updated and ready to begin in September. If you spend your summers in cooler climates, lucky you! Please join before you leave for the summer.



THE FUTURE OF MVWC FUNDRAISING?

The Fundraising Chairs (formerly affectionately known as the Auction Chairs) have come to the conclusion that due to the Corona Virus (not so affectionately called the creeping crud) that we will not be able to hold our Annual Charity Auction in February of 2021.

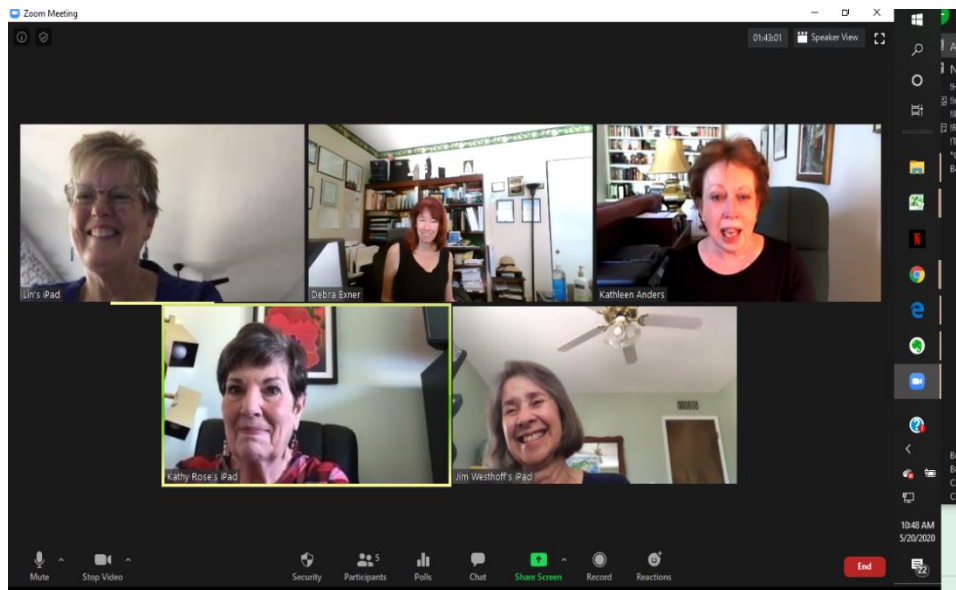
The Moon Valley Country Club, our traditional venue, is not scheduling any events until January 2021 (if then) and since we have to start planning in October, we feel we could not successfully plan for a February event. We would not have a place to stage the Auction or know if members could physically attend. We also did not feel comfortable asking all of our generous vendors, who donated last year and who are now having such a difficult time during this shut down, for a donation!!

We need volunteers (no hazmat suits required) to help us plan some 4 or 5 fundraising events (possibly starting in October). Please call Lin Felix (602) 770-9810 or Nancy Palmquist (815)263-9391 if you are interested in this unique and exciting opportunity! Our first Zoom meeting will be Thurs, Sept 10 at 10:00 am to discuss our first fund raising event. More details to follow, including sign in and using Zoom.

MY ZOOM ADVENTURE – by Debra Exner

It all began with accountability. I met Arline originally through an MVWC walking group 15 years ago. She told me about some great exercise videos and invited me come over and try a couple. We set a time once a week to get together because despite loan of a few of the videos and my belief in the program, I didn't do them on my own! A habit was born and it helped to round out my exercise routine.

Along came the Covid-19 Quarantine. I'd been attending Zoom virtual meetings but hadn't tried hosting a meeting. It was very straight forward and a free account allowed up to 100 people to talk for 40 minutes. I used the Screen Share option to display the exercise videos. It worked! So well that we agreed to do it four days per week and have grown to 10 people! We enjoy the benefits of doing these exercises regularly and it also creates connection and adds structure to our days.



It was time for my two April Book Club discussions and I floated the idea of meeting virtually on Zoom. I upgraded to a paid version to be able to have longer meetings for \$15 per month. The idea was so successful with the Page Turners Club we decided to continue meeting thru the summer months and added a monthly Zoom Happy Hour. Our relationships have really deepened and we share all kinds of tips and ideas ... and jigsaw puzzles!

The Matinee group is more challenging but this month one of the theaters is doing a play virtually on July 25. I've offered to host a pre-concert Zoom Happy hour which will be like chatting in the theater before the play.

I use Zoom to have weekly family meetings and to spend time with my grandkids, Elliott aged 2 and Nathaniel aged 5, playing tic-tac-toe, bingo, and reading Pete the Cat and Dr. Seuss e-books. I use the built-in white board of Zoom for games, and the Share Screen option for the e-books (from the library and Amazon). Next, I plan to try a YouTube concert of Peter and the Wolf concert with narration. It may hold their attention and if not, we'll skip it.

I've taken some classes online and topics such as Happiness, Habits and Positive Mind Set are favorites during this time. I have friends who have game nights with their kids, do cooking classes online or attend a class taught by their grandchildren. The possibilities are numerous!

BYLAWS REVISIONS – PLEASE READ!

By now you should have received an email from Betsy Ingram, Bylaws Committee Chair, announcing changes to the Bylaws as well as the addition of Standing Rules. The MVWC is applying for 501(c) 7 status with the IRS, and one of the prerequisites is suitable Bylaws. The current Bylaws were enacted in 2015, and much about MVWC and its operations has changed since then.

A committee was formed, and for the past few months, the members (Angela Baumann, Kristin Carkeek, Pam Gill, Mary Harris, Betsy Ingram (Chair), Sandi Kogan, Audrey Sangerman, and Sue Sherman) met regularly to complete the task. In addition to the Bylaws, the committee has created a Standing Rules document. The simplest way to distinguish the difference between the two is that Bylaws are “what we do” and Standing rules are the procedures or “how we do it”. Standing Rules deal with administrative matters and function under the umbrella of the organization’s bylaws.

Attached are the proposed Bylaws, Standing Rules and Ballot for review. They are also online at www.mvwomensclub.org under ‘News’.

Key points for your consideration:

- For the official purposes of our 501 (c) 7 status, MVWC’s name will be changed to Moon Valley Women’s Social Club but will continue to be referred to as the Moon Valley Women’s Club.
- The club’s administrative procedures have been removed from the Bylaws and a Standing Rules supplemental document has been created.
- Changes to the Bylaws continue to be voted on by the full membership. Changes to the Standing Rules can be voted on at any event – like a luncheon – after an official announcement in the Echo newsletter.
- Certain naming conventions have changed, i.e., “luncheons” to “events” and “auction” to “fundraising”. These changes are meant to reflect the flexibility that the committee has built into the bylaws.
- The General Board has been divided into an Executive Board (voting members), Committee Chairs (voting members) and Committee Members (non-voting positions).
- A provision has been created which allows current members to sponsor new members who live outside of the club’s current physical boundaries. This will allow members to invite relatives, friends, coworkers – women who have connections to the MVWC - to join.

The current Bylaws require changes to be voted on by the membership, so we ask that you please read all of the attached documents and cast your vote. A ballot (and instructions) is attached and **must be turned in to Pam Gill on or before Sunday 8/23/2020.**

Many hours of hard work and dedication went into these new documents and we are confident that these changes will sustain our club today and, in the future, will allow flexibility when necessary, ultimately ensuring a MVWC for many future generations of members.



Please feel free to contact any committee member if you have any questions.

Betsy Ingram, Committee Chair 602.432.2030	Kristin Carkeek 602-690-3459	Mary Harris 602-993-6308	Sue Sherman 602-317-0095
Sandi Kogan 602-375-1433	Pam Gill 602-793-9914	Audrey Sangerman 602-881-2905	Angela Baumann 804 647 0858



Thank you to all our members who serve on the Board and Committees!
 It takes a lot of womanpower to keep the MVWC and the MVWC Service Project continuing our Mission.
 Our Board welcomes any volunteers who still wish to participate in 2020 / 2021. If you are interested in
 assisting in any capacity, please contact Kristin Carkeek at 602-690-3459.

Moon Valley Women's Club Board 2020-2021	
Executive Board	
President	Kristin Carkeek
Vice President	Betsy Ingram
Secretary	Kathy Anders
Treasurer	Audrey Sangerman
Committee Chairs	
Auction	Lin Felix
Auction	Nancy Palmquist
Birthday Flowers	Vaughne Hollar
Board Advisor	Sandi Kogan
Door Prizes	Gwen Gardner
Hostess	Pat Clegg
Hostess	Kathy Rose
Luncheon	Nancy Gray
Membership Chair	Nancy Palmquist
Membership Chair	Marcia Haarer
MVWC SP Chair	Michael Heglaw
Newsletter Editor	Angela Baumann
Photographer	Michele Workman
Programs Chair	Barb Nicholls
Raffle Tickets	Kathy Rose
Records	Sandi Kogan
Sunshine Cards	Jackie Stout
Webmaster	Michele Workman

In this issue:

- Newsletter deadline – August 28, 2020
- Next Board Meeting – August 24, 2020 (6:30 p.m. via Zoom)
- Event reservation due – September 3, 2020
- Next Event – September 10 (80's Party via Zoom)



Moon Valley Women's Club
428 E Thunderbird Rd, Box #539
Phoenix AZ 85022