

Luncheon

Thursday, February 13

9:30 Registration / Preview
10:00 Auction Begins
12:30 Lunch served
\$24.00 per person

RSVP by February 6

Checks payable to MVWC

Mail to:
428 E Thunderbird Rd
Box #539
Phoenix AZ 85022



MOON VALLEY
COUNTRY CLUB

Meal Choices:

- A.) 2 Layer Club Sandwich
- B.) Southwest Cobb Salad
- C.) Stuffed Pepper (GF/Vege)

Descriptions provided later in newsletter and also online

**Assorted Dessert Bars
Coffee, Tea etc.**



Monthly Source of News & Information for MVWC Members

President's Message – December 2019

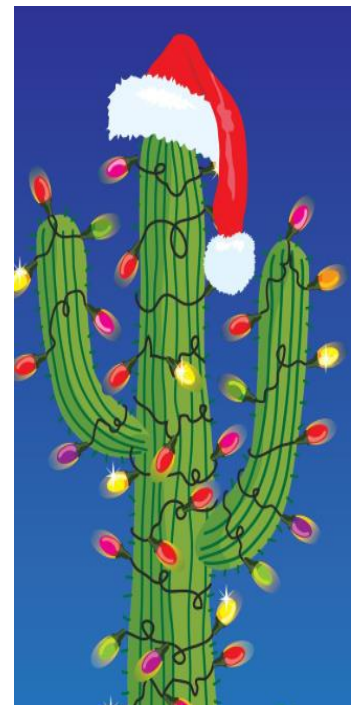
December can be hectic as we all prepare for the Holiday Season. In addition to festivities with family and friends, MVWC members will also be sharing holiday cheer with activity groups and at the holiday luncheon at Moon Valley Country Club. I want to share a quote from Fred Rogers - aka Mister Rogers - "There are three ways to ultimate success. The first way is to be kind. The second way is to be kind. The third way is to be kind." I encourage everyone to reflect on this as we go about our busy days and perhaps focus a bit on how to be kind to ourselves. We are all worthy of some of the kindness that we so generously bestow on others.

The Service Project Group is very busy, preparing a special Christmas for our adopted families from Sunnyslope and Moon Mountain Elementary Schools. Thanks to the generosity of many members, we will help 40 families! This huge task is spearheaded by Sandi Kogan, Service Co-ordinator, who does an amazing job organizing all the shopping, bagging and deliveries that this project entails. (A new member recently asked me, "Have you seen her house? How does she do it?!"). To donate to this special project, please give Sandi a call.

Our next luncheon will be February's Annual Charity Auction, always an exciting, fun-filled day. If you would like to assist the Auction committee, or donate to the cause, please contact an Auction Chair (Rosalie Welty, Lin Felix and Nancy Palmquist). As always, all proceeds go to our Service Project to support year-round needs for local organizations. We are a service club as well as a social club, and the time, energy, and financial donations received, allow us to continue helping others in need. Our members' generosity is always so greatly appreciated.

Wishing everyone HAPPY HOLIDAYS and a very HAPPY NEW YEAR!

Kristin Carkeek
2019-2020 MVWC President
Phone: 602-690-3459 jcarkeek1@cox.net



There IS such
a thing as a

Free Lunch!



Kristin Carkeek won November's free lunch raffle and graciously donated it back!



The inaugural 50/50 draw at November's luncheon raised \$76, and the winner - Nancy Palmquist - donated her half of the winnings back to the club!

VOLUNTEERS NEEDED:

Auction Committee –

contact Rosalie Welty, Lin Felix
or Nancy Palmquist

**urgent need for
soliciting and collecting
donations**

Service Project Christmas Project –

contact Sandi Kogan

The MVWC Service Project

The Service Project Board will be accepting recommendations for our Small Grant Program beginning in January. Grants are generally in the \$250 - \$1000 range, and are awarded to groups who are performing charitable acts in our surrounding community. Grant program guidelines and Member Sponsor forms are available for downloading on the MVWC website. Once the sponsor form is received from a member, the Service Project Group will forward a Grant Application. The process can take several weeks to complete, so we suggest submitting the Member Sponsor form no later than February 1st. If you have questions please contact Michael Heglaw at michaelkheg@gmail.com

Desert Mission Food Bank Food Drive:



Our club is proud to be a long-time partner of Desert Mission, providing non-perishable food donations to needy families in our community, and this year's food drive will begin on December 5th.

Non-perishable food donations can be brought to the December Luncheon, or starting December 5th, left at Lin Felix's home (218 W. Braeburn Drive), in her front courtyard – no need to ring the bell. The top 5 requested food items are: canned vegetables/fruit, canned soups/stews, pasta/rice, peanut butter and canned tuna/meat. For more information, contact **Karin Schardt**, Food Drive Coordinator, at 2scharkar@gmail.com or 602-402-0506. Thank you for your support!

According to Desert Mission, statistics show:

- ▶ **1 in 4 children and 1 in 5 adults in Arizona CURRENTLY live in poverty.**
- ▶ **1 in 6 Arizonans are food insecure AND DON'T KNOW WHERE THEIR NEXT MEAL WILL COME FROM.**
- ▶ **Nearly 2 million Arizonans are considered working poor**, living at or below 100 percent of the Federal Poverty Level (FPL) (\$22,350 or less for a family of four).
- ▶ **43 percent of clients are forced to choose between food or shelter.**



- Marilyn Bertino 1-Dec
- Audrey Sangerman 1-Dec
- Jackie Norvell 2-Dec
- Betsy Ingram 4-Dec
- Susan Hertel 9-Dec
- Jean Galan 10-Dec
- Kathy Campbell 13-Dec
- Susan Sherman 15-Dec
- Patricia King 16-Dec
- Patti Garrity 18-Dec
- Karen Kinney 20-Dec
- Vicki Lamb 22-Dec
- Pam Gill 27-Dec
- Mary Lynott 27-Dec

Contact Us

Moon Valley Women's Club
428 E Thunderbird Rd
Box #539
Phoenix AZ 85022

Email: Moonvalleywomensclub@gmail.com
Website: www.mvwomensclub.org



Auction Update

Ask any MVWC member and they'll likely say their favorite event of the year is our Annual Charity Auction. Along with the excitement of the live and silent bidding, there's the satisfaction of knowing all proceeds benefit our service projects. As the club's major fundraiser, we hope you'll join the fun by donating time



as a committee member or assisting the day of the auction, donating items, inviting friends to attend, and bidding enthusiastically on all the treasures.

What kind of donations are we looking for? We accept NEW unused items, antiques or jewelry of some value, and fresh packaged food items and wines (or other libations) that can be used to create a basket – and, we also need baskets! If you're a member with a business, this is a great advertising opportunity – donate an item or sponsor a gift basket, which can include your business card and/or information. If you, or someone you know, has a popular destination timeshare or resort condo and might be willing to donate a stay, we would love to include it in the Auction. Are you an artist or craftsperson? Let us showcase your talents! Do you have tickets to a theatre, cultural or a sporting event? Please consider donating them to the auction. When you're out and about, don't forget to ask your favorite service providers, restaurants and retail stores if they'd be willing to donate a gift certificate to our cause. Please call Lin Felix at 602-770-9810 to confirm if a local vendor has already been contacted so we do not duplicate our efforts.

Donated items can be left with Rosalie Welty between December 30 and January 23. If you have questions, please contact Lin Felix, Nancy Palmquist, or Rosalie Welty. Thank you for your donations!

Special thanks to those vendors who have already donated, including: Aiello's, Anytime Fitness, Beauty Worx, Boisset Wines, Capital Grill, Char's, Cherry Beauty Salon, Dragon Bowl, Dream Dinners, Flamingo Palace, Gen Tech Computer, Ginza Restaurant, Isa's Pizza, La Paloma Florist, Lookout Mountain Vet, Moon Valley Postal, Regal Cleaners, Rito's Mexican Food, Seasons 52, Sherrie Pampered Pets, Skin Meowe, Soup & Sausage Bistro, Tangles at Sola Salon.





Have you traveled or gone somewhere other members might find interesting?

Share your stories with MVWC members by submitting a write up and photos of your adventures.

Let your experience be someone else's inspiration!

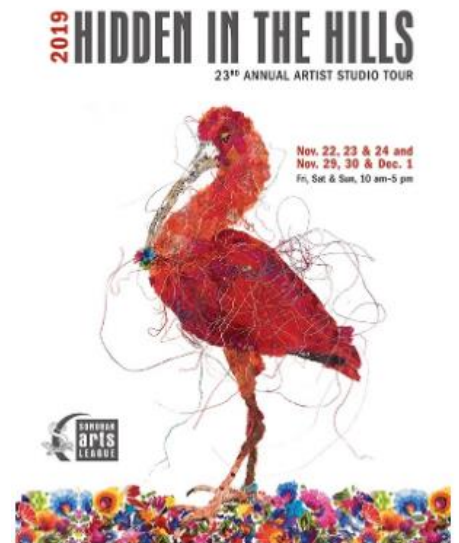


Get Well Cards sent to:
Carol Dixon & Mary Henigar

Sympathy cards sent to:
Kristin Carkeek, Bette Dowd,
Roya Bowlus, Jackie Stout &
Alene King's family

The **Museum & Special Events** group thoroughly enjoyed their trip to Cave Creek & Carefree last month for "**Hidden in the Hills**" exhibit & sale of a variety of art forms, sponsored by the Sonoran Art League. We had a great breakfast in Carefree, then drove to a few of the many homes in which very talented artists exhibited their work. We are grateful to Marcia Balestrino, who once again made all the arrangements for us.

Held annually during the last two weeks of November, the mission of the **Hidden In The Hills Artist Studio Tour** is to provide members of the public a free, self guided opportunity to visit the workspaces of almost 200 dedicated artists in the Sonoran Foothills, to learn about the artist's methodology and process and to purchase directly from them in a friendly, engaging atmosphere that showcases quality art.



General Information:

Reminders about Luncheons:

- Reservations must be made in advance, including for Guests
- To cancel a paid reservation, or to place your name on the wait list, contact Treasurer, Audrey Sangerman at a.sangerman@cox.net / 602-881-2905.
- Luncheon payments will not be refunded if cancelled after the deadline date, unless someone on the wait list can be substituted.
- If you have any luncheon payment questions, please contact Audrey.

Monthly Luncheon Raffle: Raffle tickets (**\$1 each or 6 for \$5.00**) are available at monthly luncheons for a chance to win a refund of that month's luncheon price.

Newsletter Deadline: Articles for inclusion in the January **Echo** should be sent to Angela Baumann at branna.baumann@gmail.com no later than Monday, December 30, with **MVWC newsletter** in the email subject line. If you have any questions, please email Angela.



Board Meetings: All members are invited to attend monthly Board meetings. The next meeting will be held on Monday, January 27 at 6:30 pm at Denny Loback's home (14265 N Piping Rock). Please RSVP if you plan to attend. Contact President, Kristin Carkeek, if you have items for the agenda.



FEBRUARY LUNCHEON MENU DESCRIPTION:

- A) **2 LAYER CLUB SANDWICH** – LOCAL BAKED MULTI GRAIN BREAD WITH SMOKED TURKEY, HAM, BACON, LETTUCE, TOMATO, AVOCADO, SPROUTS & MAYO; SERVED WITH HOUSE CHIPS
- B) **SOUTHWEST COBB SALAD** – HEARTS OF ROMAINE, CORN PICO, EGG, BLEU CHEESE, BAON, CILANTRO, CHICKEN & BLEU LIME VINAIGRETTE; SERVED WITH GARLIC BREAD STICK
- C) **STUFFED PEPPER** – LIME RICE, VEGETABLE SUCCOTASH, AVOCADO, SHREDDED CHEESE, GLUTEN FREE PANKO BREAD TOPPING & ROASTED PEPPER COULIS; SERVED WITH GF SUN DRIED TOMATO BREAD STICK

THANKSGIVING BASKET PROJECT RECAP:

THIS YEAR, MOON VALLEY ELEMENTARY SCHOOL WAS AWARDED A \$1,000 GRANT TO PROVIDE THANKSGIVING FOOD BASKETS TO STUDENTS AND THEIR FAMILIES IN NEED. THANKS TO THE GRANT, WE CREATED ELEVEN BASKETS WITH AN ARRAY OF TASTY FIXINGS FOR THE FAMILIES TO ENJOY THEIR OWN THANKSGIVING FEASTS! THE FOLLOWING MEMBERS WERE GENEROUS WITH THEIR TIME AND EFFORTS AND SERVED THE MOON VALLEY ELEMENTARY COMMUNITY WITH JOY: DAWN RILEY, YOLAND HAGGERTY, ELAINE BLAKE, KATHY HUFFMAN, KATHY STEBBINS, CHARLENE TATZ, VICKI LAMB AND PATT CLEGG.



Our club is saddened by the recent passing of two long time members, Bev Carkeek and Alene King. Both women were very active in the club, having served on the board and been involved in activities throughout their years as members.

Most members will have interacted with Bev in her previous role as president, where she championed new ideas and through her vision, implemented many improvements which continue to benefit the club today. She was calm amongst chaos, and her constant smile and happy disposition will be missed by all. The club's condolences were sent to Bev's husband Jack, with a \$50 donation made to a charity of the family's choice.

Alene had a personality as big as her home state of Texas, and was always happy and quick to laughter. Alene was a consummate hostess and loved her bunco games and the Good Vibrations bunco group won't be the same without her. The club's condolences were sent to Alene's family, and a \$50 donation made to a charity of the family's choice.

In this issue:

- Newsletter deadline – Monday, December 30, 2019
- Next Board Meeting – Monday, January 27, 2020
- Luncheon reservation & payment due by Thursday, February 6, 2020
- Next luncheon – Thursday, February 13, 2020 (Registration @ 9:30 a.m.)



Moon Valley Women's Club
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