



May 2020

How are you staying in touch while social distancing?

Now more than ever it's important to continue being social.

Texts, emails, phone calls, and FaceTime are all good methods to keep up with what's happening in your friends' and families' lives.

Maybe set a goal to call 1 or 2 friends each day just to check-in with them and say hello?

Play games with friends and family on FaceTime. Schedule a Happy Hour on Zoom.

Let's get creative with how we spend time "with" each other.

Tell us what you're doing to stay connected!

President's Message

As the MVWC year comes to an end we are reminded of what a wonderful time we had. While we didn't get to celebrate our out-going Board in person, we thank all who have made this organization so vibrant and relevant. Special thanks to the Auction Committee for a fun Annual Charity Auction and to the Luncheon/Program Committee, who organized so many new and interesting events for us.

Based on Gov. Ducey's extension of the stay-at-home order, I ask all group coordinators to cancel any MVWC related meetings and events until 5/15. During that time, the club will continue to follow State and Federal guidelines and will not be hosting a May luncheon.

In April the MVWC Board met using a Zoom virtual conference, which was a new experience for many of us. It was wonderful to see familiar and happy faces again. We will conduct the final May Board Meeting using Zoom again, and are hopeful that by then we will know enough about COVID-19 to begin making plans for the coming year for MVWC.

Michele Workman continues to update the website on a regular basis, providing an easy way for all members to stay apprised of timely local information. For personal safety reasons, we suspended *printing* of the newsletter, which is now ONLY available via email and on the website. For those few members without email, Sandi Kogan has kindly offered to print and mail newsletters *from her home*.

Some of you will remain in the Valley while others will head to cooler temperatures for the summer. Whatever your plans, please stay in touch. Without our normal opportunities to meet and catch up, we must all make an extra effort to reach out to our friends and group mates.

Best wishes for safe and healthy days ahead, Kristin Carkeek - MVWC President, 2019-2020



Have you returned your Volunteer Sheet & Survey?

MVWC runs on 100% volunteer energy and we need YOU!

Now is the time to decide how you can support your MVWC club!

Please complete and return the forms now!

sending

a little

SUNSHINE

your way

Get well wishes were sent to Marilyn Drake, Dee Larson & Carol Laufenberg

Our sympathies went to the family of former member, Nikki Doumani



MVWC Service Project Grant Award Update

With the current health crisis in mind, the MVWC Service Project Board reviewed local organizations to determine how best to donate some of its surplus funds. Because of the success of the 2020 Auction, we realized we could fund ALL of our recurring projects for 2020 and STILL have \$7,000 to donate to local organizations attempting to meet the urgent COVID-19 related needs in our community.

The Service Project board evaluated each organization using the following criteria: how great the need; how funds would be used; and timeframe for use. **Two local food organizations were ultimately selected for immediate grant awards of \$3,500 each:**

The Desert Food Bank - operating primarily in the Sunnyslope area, and providing food to children, families, seniors and the homeless this organization typically collected close to "end date" supplies from grocery stores. With recent food supply chain issues, that option is no longer possible and all food now has to be purchased.

The Area Agency on Aging – coordinating with local food banks, staff delivers food to seniors who are unable to leave their homes. Other regular operations have recently been suspended to concentrate on providing the food baskets, which now also include much needed cleaning and hygiene products. Until recently, a typical week saw 300 requests, but now more than 1,000+ requests are received each week.

The Service Project Board is seeking nominations to fill two openings for the upcoming club year. The board's primary function is to evaluate and make determinations on applications received, and ultimately distribute funds to the organizations selected. The board meets on a quarterly basis, and each member has additional limited duties throughout the year. If you are interested in joining the board, or have a nomination, please email Michael Heglaw, Chair @ michaelkheg@gmail.com.

Membership Drive

Don't forget - Renew your membership now! Last year, we advanced the due date in order to prepare for the start of group activities in September, as soon as the club year began. It worked so well we're doing it again this year!

Board members are not dealing with normal day-to-day operations right now, and can use this time to get a jump on planning our 2020-2021 year. Please submit your membership forms now, and we can get a head start on updating records, planning budgets, and organizing activity groups.

As always, membership dues are nominal – you won't find a better deal than a MVWC membership! In these stressful times, when we are prevented from meeting in groups, our organization is valuable to so many and keeps us connected to each other. Through this absence we truly see the value of our community AND the MVWC. **Send your Membership Form today!**

Newsletter Deadline: Articles for inclusion in a future *Echo* should be sent to Angela Baumann at **branna.baumann@gmail.com**, with <u>MVWC newsletter</u> in the email subject line. If you have any questions, please email Angela.



Board Meetings: The May board meeting will be conducted via Zoom. Contact President, Kristin Carkeek, if you have a matter for board consideration or discussion.

Membership Directory Updates: Member's contact information is updated on a regular basis. Remember to check the online directory for new phone numbers and addresses or information on new members!

2020-2021 Membership Forms are available on the website. Forms and payments are due by August 1, 2020, and we urge you to join early to ensure that activity groups can be organized, updated and ready to begin in September. If you spend your summers in cooler climates, lucky you! Please join before you leave for the summer.

The Nominating Committee is pleased to announce the 2020-2021 Executive Board:

- President Kristin Carkeek
- Vice President Betsy Ingram
- Secretary Kathy Anders
- Treasurer Audrey Sangerman

Congratulations! Thank you to Kristin Carkeek, Jo Haran, Kathy Anders, and Audrey Sangerman for their service on the 2019-2020 Executive Board.



GUESS WHO IS CELEBRATING THEIR 30th ANNIVERSARY IN JUNE? The answer can be found on our website!

Jill Hudson Shelly Reardon Gloria Griego Erin Flothmeier Marilyn Berry Leslie Cadby Marilyn Drake Harriet Moser Michael Heglaw Nancy Palmquist Kay Ames	2-May 2-May 3-May 9-May 12-May 14-May 14-May 14-May 14-May 20-May 21-May
Michael Heglaw	, 14-May
Nancy Palmquist	20-May
Cheryl Edwards Carla Bellew Gwen Harnett	26-May 28-May 30-May



Jenifer Provence	1-Jun
Pam Schall	1-Jun
Doris Ong	2-Jun
Tomi Budde	7-Jun
Jodi Peruch	7-Jun
Elaine Fleischmann	8-Jun
Maripat Kudray-Flores	8-Jun
Dawn Riley	8-Jun
Candace Westwater Leibert	8-Jun
Virginia Riggle	11-Jun
Gina Mehr	12-Jun
Nica Tomita	14-Jun
Norma Huhn	18-Jun
Karin Schardt	18-Jun
Cherie Malkoff	21-Jul
Karen Lalli	23-Jun
Yolanda Haggerty	24-Jun
Jan Lippert	24-Jun
Jo Anne Garcia	25-Jun
Betty Callan	26-Jun
Susan Doyle	26-Jun
Victoria Cherekos	27-Jun
Fran Steele	28-Jun
Betty Silva	29-Jun
Mary Metz	30-Jun
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In this issue:

- Newsletter deadline TBD
- Next Board Meeting TBD
- Luncheon reservation & payment due TBD
- Next luncheon TBD



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